

# .....THE TROJAN TROT.....

## 5K RUN/WALK SATURDAY, JULY 11<sup>TH</sup>, 2026 AT 8:30A.M.

START & FINISH AT THE ST. LEON AMERICAN LEGION POST #464

PUT ON BY THE EAST CENTRAL BOYS AND GIRLS CROSS COUNTRY TEAMS  
SECOND LEG OF THE "SIRC-IT" SERIES

SIRC Sponsors:

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**DIRECTIONS:** FROM CINCINNATI TAKE I-74 WEST TO INDIANA 1. GO NORTH ON IND 1 TO HWY 46.  
FROM INDIANAPOLIS TAKE I-74 EAST TO INDIANA 1. GO NORTH ON IND. 1 TO HWY 46.  
FROM ALL OTHER POINTS, GET TO IND.1 AND HWY 46.  
FROM IND. 1 & HWY 46 GO WEST ON HYW. 46 ABOUT .7 OF A MILE, TURN RIGHT ON AMERICAN LEGION 464 RD.  
(JUST BEFORE THE BRIDGE OVER I-74), STAY ON THIS ROAD UNTIL YOU COME TO THE LEGION (ABOUT .8 OF A MILE).

**COURSE:** RELATIVELY FLAT ON ASPHALT.

**ENTRY FEE:** PRE-REGISTRATION (POSTMARKED BY JULY 5<sup>TH</sup>) \$15 WITHOUT T-SHIRT, \$25 W/ SHIRT BY JUNE 24<sup>TH</sup>.  
RACE DAY REGISTRATION: \$20 WITHOUT SHIRT, \$25 WITH SHIRT IF AVAILABLE.  
SHIRTS NOT GUARANTEED AFTER JUNE 24<sup>TH</sup> REGISTRATION!

**AGE GROUPS:** MEN & WOMEN RUNNERS: OVERALL, 12 & UNDER, 13-14, 15-16,  
17-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 & OVER  
MEN & WOMEN WALKERS: OVERALL, 49 & UNDER, 50 & OVER.

**AWARDS:** OVERALL MALE & FEMALE PLUS TOP 3 IN EACH RUNNING AGE GROUP.  
OVERALL MALE & FEMALE PLUS TOP 3 IN EACH WALKING AGE GROUP.

**THERE WILL BE DRAWINGS FOR DOOR PRIZES!!**

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### OFFICIAL ENTRY FORM (ONE ENTRY FORM PER PERSON, MAY DUPLICATE ENTRY FORM)

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NAME \_\_\_\_\_

AGE ON JULY 11<sup>TH</sup> \_\_\_\_\_

ADDRESS \_\_\_\_\_

\_\_\_\_\_ MALE \_\_\_\_\_ FEMALE

\_\_\_\_\_

\_\_\_\_\_ RUNNER \_\_\_\_\_ WALKER

EMAIL: \_\_\_\_\_

\_\_\_\_\_ PRE-REGISTRATION (\$15 W/O SHIRT)

\_\_\_\_\_ PRE-REGISTRATION BY JUNE 25<sup>TH</sup>  
(\$25 INCLUDES SHIRT)

T-SHIRT: CIRCLE ONE YL S M L XL XXL

\*(MAKE CHECKS PAYABLE TO EAST CENTRAL H.S.)  
RACE DAY (\$20) WITHOUT SHIRT

\*MUST REGISTER BY JUNE 24<sup>TH</sup> TO RECEIVE A PERFORMANCE STYLE SHIRT

**WAIVER:** IN CONSIDERATION OF ACCEPTANCE OF MY ENTRY, I HEREBY WAIVE, DISCHARGE AND RELEASE ON BEHALF OF MYSELF, MY HEIRS, EXECUTORS, AND ASSIGNEES ALL CLAIMS OF ANY NATURE ARISING FROM PARTICIPATION IN THE TROJAN TROT 5K RUN/WALK, AND DO HEREBY RELEASE STEVE COTHERMAN, EAST CENTRAL CROSS COUNTRY ATHLETES AND PARENTS, EAST CENTRAL HIGH SCHOOL ATHLETIC DEPT., EAST CENTRAL HIGH SCHOOL, SUNMAN-DEARBORN SCHOOL CORP., ST. LEON LEGION POST #464 AND THEIR AFFILIATES, ALL WORKERS, OFFICIALS, AND SPONSORS, AND THE TOWN OF ST. LEON FROM ANY CLAIM WHATSOEVER ARISING FROM MY PARTICIPATION IN THIS EVENT. I AGREE TO ABIDE BY ALL THE RULES FOR PARTICIPATION. I UNDERSTAND THE RISKS INVOLVED IN SUCH A RUN/WALK, AND THAT I AM PHYSICALLY FIT AND HAVE TRAINED ADEQUATELY IN PREPARATION. I ALSO GIVE PERMISSION TO THE TROJAN TROT TO USE ANY PHOTOGRAPHS OR VIDEOS OF ME THAT ARE MADE DURING THIS EVENT.

SIGNATURE OF ENTRANT \_\_\_\_\_ PARENT (IF UNDER 18) \_\_\_\_\_

MAIL ENTRIES TO: STEVE COTHERMAN 968 LINLEY LANE LAWRENCEBURG, IN 47025

CONTACT INFO: CELL: 812-584-3418 EMAIL: SRCOTHERMAN50@GMAIL.COM

ONLINE REGISTRATION AND INFO: RUNSIGNUP.COM